

## SHARON'S DESIGNATIONS

Professional Certified Coach,
PCC credential (ICF), CPCC from The Coaches Training Institute,
APP Associates International

Sharon Lewis has been engaging leaders in growth conversations for almost 20 years.

Since 2003, she has been providing leadership and team development to an international clientele of executives, managers, and organizations to facilitate the creation of sustainable, high-performance teams worldwide.

Sharon's commitment to her coaching clients is to equip them with the Emotional Intelligence required in order to become positive, proactive, and productive leaders. Her all-encompassing approach makes her invaluable in system transformation work. Leaders who work with her learn to simultaneously deploy relationship skills, have an authentic leadership presence, and focus on results.

Sharon has been a coach and partner with IHHP since the days when coaching first emerged as a profession. Before that, in her successful career in IT, her focus had been on Human Computer interaction, combining a love of tech with interests in life-long learning, human potential, cognitive science, psychology, and sociology.

She works as facilitator, trainer, program designer, and speaker. Sharon has been credentialed through IHHP, The Center for Right Relationship, APP Associates International, Team Coaching International, The Leadership Circle, and Cognitive Edge, and served as partner coach on the corporate coaching initiative that won the 2011 ICF Prism Award that honors.

## SHARON'S CLIENT ROSTER



















**Sharon has many passions aside from her love for coaching.** She is an avid skier, boater, practices and teaches a meditative art project, and is heavily involved in local charity work. She is currently pursuing a Masters Degree in Transpersonal Psychology & Consciousness Studies.

One of Sharon's favorite quotes by Henry David Thoreau: "If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them."

## WHAT SHARON'S CLIENTS SAY

I have had a few coaches through the years. Sharon was great, she not only was good at coaching but she shared great technical knowledge of her field to make her coaching more "scientific", she found great balance between theory and the emotional application of that theory.

Overall great experience, and I would recommend to others! Sharon was easy to talk to, a great listener, and full of great advice. Even when I didn't think I had anything new to talk about, she helped me realise that I do.

Sharon was engaged and genuinely interested in what I had to say. Sharon took all of her cues from me, which was great. She was a good listener and I could tell that she brought a lot of expertise to the conversation.

