



INSTITUTE *for* HEALTH *and* HUMAN POTENTIAL



John Doan

John Doan, Lead Coach for IHHP, is the leader of corporate coaching services and oversees all of IHHP's Coaching personnel. He brings over 15 years of coaching experience to the team and a unique set of skills and experience from the fields of human development and health care. With clients on four continents and on all organizational levels, from individual contributors to CEOs, John works with individuals, teams, and groups to enable people to sharpen their leadership and communication skills through intentional, authentic relationships grounded in Emotional Intelligence and using a system-based approach.

John specialises in Leadership, Emotional Intelligence, Executive Development, Team Development and Interpersonal Dynamics. During his career as a professional coach, John attained the designations of C.P.C.C. (2004), P.C.C.(2006) and O.R.S.C.C. (2009). He is a recipient of the prestigious Prism Award as part of the B.C. Housing Coaching Team. Amongst his long list of clients are Bank Of Montreal, Manulife Insurance, Novartis, Optum Talent Development, Loblaws, Goodrich/Aero Engine Controls/Rolls Royce, GSK, Greenfield Inc. and Hasbro.

With a passion for supporting and empowering people in areas that matter most to them, John functions as a true and trusted partner of each and every client. He consistently helps clients become more self-aware and empowers them to consciously choose their words and actions, as opposed to being reactive. In addition to focusing on learning, John helps clients translate the knowledge acquired to practical application that drives lasting behavior change. Clients find they experience the benefits of John's coaching personally, and professionally in ways that enhance self awareness, nurture collaborative relationships and fuel the achievement of real results.

John is a firm believer in the quote "Life is 10% what happens to us and 90% how we respond" and sees an increasing need for leaders to optimise their responses in order to impact the human elements of their teams, culture and as a result, an organisation as a whole



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Teaching and Mentoring Roles:

- B.C. Housing Coaching Team - Additional leadership mentoring
- Associate faculty for C.R.R. Global,
- Team coach consultant for the Executive M.B.A. program at Western University and
- Several years as volunteer faculty/lecturer for the Leadership Waterloo Region program
- John has mentored several coaches when they went through their professional training Assessment Tool Accreditations such as EI 360™, The Team Diagnostic Assessment™, The Leadership Circle Profile 360™, Culture Survey, Conflict Dynamics Profile, RSI@Work, Personality Dimensions

Favourite Quote:

"If you want to go fast, go alone. If you want to go far, go together."

Personal Passions:

John is a passionate hobbyist photographer with a special interest in Travel Photography. This combines two things he loves - photography and travel and allows them to come together in a creative, artistic experience.

Client Praise:

"John Doan is a wizard. I have worked with a dozen coaches over the past decade and became certified as a coach myself in 2007. He has an uncanny ability to zero in on the crux of the business or personal issue. John helped me regain my mojo after a tough and public loss. He helped me again when I was struggling with a major career decision. I felt supported and challenged during both engagements, and best of all, I made tangible progress."

"John was the absolute best! Our sessions were so enlightening and provided me with great tools that I can apply."

"John helped me with a lot of information to read through our coaching sessions. He was very open and honest and made me feel comfortable communicating with him honestly."



About Us

IHHP is a research-based training company and has been a leader in Emotional Intelligence for over twenty years. It's a scientific fact that emotions precede thought. When emotions run high, they change the way our brains function, diminishing our cognitive abilities, decision-making powers, and even interpersonal skills.

Is your organization facing increased pressure, disengagement or lack of authentic communication? We build integrated programs with training, assessments and coaching based on neuroscience for real change. We translate the science behind managing emotions and teach people the skills to summon their best selves and do their best work during moments of truth.

Our clients see improved productivity, talent retention, a more agile workplace culture and higher engagement levels.

Whether you are an individual contributor or manage a team, we believe that PEOPLE make the greatest positive impact when they SHOW UP AS THEIR BEST selves.

Connect with a Leadership Consultant to discuss how you can get the most from your team!

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