



INSTITUTE *for* HEALTH *and* HUMAN POTENTIAL

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# Isabelle Marin

Isabelle est une formatrice, facilitateur et coach certifiée bilingue (français et anglais), spécialisée en intelligence émotionnelle.

Ses antécédents professionnels dans les secteurs de la communication, des relations avec les médias et de la réponse humanitaire l'ont amenée dans plus de 35 pays au cours des deux dernières décennies.

Son expérience internationale lui a permis de développer une grande compréhension du leadership, de comprendre les enjeux de travailler dans des conditions ou des environnements très stressants et de la communication interculturelle.

En tant que coach exécutif et professionnel, Isabelle aide les leaders, les gestionnaires, les cadres supérieurs et les professionnels à développer leur intelligence émotionnelle afin d'accroître leur capacité de travailler sous pression dans une carrière, un emploi ou une situation personnelle stressante.

Elle est accréditée et membre de la Fédération Internationale de Coaching (ICF).

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**Le style de facilitation d'Isabelle est engageant, divertissant et hautement interactif. Son style de communication et son authenticité créent un environnement sûr pour le partage et l'apprentissage.**

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Isabelle est diplômée du Département d'études en communication de l'Université de Concordia (Montréal, Canada) en 1991. Elle a reçu son certificat en coaching professionnel et personnel (PPCC) de la même institution en 2013. Elle est certifiée par l'Institute of Health and Human Potential (IHHP) comme coach et facilitateur en Intelligence Émotionnelle.



# Isabelle Marin

Isabelle Marin is a bilingual (French and English) facilitator, trainer and certified coach specializing in emotional intelligence.

Isabelle's professional background in the sectors of communication, media relations and humanitarian response has taken her to over 35 countries in the last 2 decades. Her international experience allowed her to develop a great insight and understanding of leadership, working in highly stressful conditions or environments and intercultural communication.

As an executive and professional coach, Isabelle helps leaders, managers, executives, and professionals build their emotional intelligence skills to increase their capacity to perform under pressure in stressful career, job, or personal situations. She is an accredited and active member of the International Coaching Federation (ICF).

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**Isabelle's facilitation style is engaging, entertaining and highly interactive. Her communication style and authenticity create a safe environment for sharing and learning.**

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Isabelle graduated from the Department of Communication Studies at Concordia University (Montreal, Canada) in 1991. She received her Certification in Professional and Personal Coaching (PPCC) from the same institution in 2013. She is certified by The Institute of Health and Human Potential (IHHP) as a coach and facilitator in Emotional intelligence.

# About Us

IHHP is a research-based training company and has been a leader in Emotional Intelligence for over twenty years. It's a scientific fact that emotions precede thought. When emotions run high, they change the way our brains function, diminishing our cognitive abilities, decision-making powers, and even interpersonal skills.

Is your organization facing increased pressure, disengagement or lack of authentic communication? We build integrated programs with training, assessments and coaching based on neuroscience for real change. We translate the science behind managing emotions and teach people the skills to summon their best selves and do their best work during moments of truth.

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**Our clients see improved productivity, talent retention, a more agile workplace culture and higher engagement levels.**

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Whether you are an individual contributor or manage a team, we believe that PEOPLE make the greatest positive impact when they SHOW UP AS THEIR BEST selves.

Connect with a Leadership Consultant to discuss how you can get the most from your team!

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