



INSTITUTE *for* HEALTH *and* HUMAN POTENTIAL

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# Gates Cooney

With over twenty years of professional experience as a learning specialist and facilitator, Gates brings seasoned expertise to her training delivery. She earned her accreditation in Emotional Intelligence from the Institute of Health & Human Potential (IHHP) and her credentials in adult learning from St. FX University and her studies at Walden University. Gates received her training as a facilitator via Intersol and Langevin Learning Services.

Her passion for adult learning is surpassed only by her passion for Emotional Intelligence. Gates' ability to adapt her approach to suit different learning styles ensures an interesting and effective training experience for participants of her courses. Described by participants as engaging, authentic and relatable, Gates' style makes it easy for learners to be open and authentic in sharing their experiences.

Her past professional work experience as a VP of learning and development at the Radio Marketing Bureau of Canada has given Gates insight and understanding into the role that leaders play and has allowed her to better understand the challenges leaders face working with people that have different values, needs, and expectations. Gates is a two-time nominee for the Michelle Comeau Human Resources Leadership Award which recognizes excellence and leadership within the human resources community.

An open-minded lover of learning, Gates insists she learns just as much from the adults she teaches as they do from her. Her desire to inspire others and help them reach their full potential by developing emotional intelligence and effective communication skills keep her motivation and commitment strong.



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# About Us

IHHP is a research-based training company and has been a leader in Emotional Intelligence for over twenty years. It's a scientific fact that emotions precede thought. When emotions run high, they change the way our brains function, diminishing our cognitive abilities, decision-making powers, and even interpersonal skills.

Is your organization facing increased pressure, disengagement or lack of authentic communication? We build integrated programs with training, assessments and coaching based on neuroscience for real change. We translate the science behind managing emotions and teach people the skills to summon their best selves and do their best work during moments of truth.

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**Our clients see improved productivity, talent retention, a more agile workplace culture and higher engagement levels.**

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Whether you are an individual contributor or manage a team, we believe that PEOPLE make the greatest positive impact when they SHOW UP AS THEIR BEST selves.

Connect with a Leadership Consultant to discuss how you can get the most from your team!

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