



INSTITUTE *for* HEALTH *and* HUMAN POTENTIAL

Pressure Press | December

2016 was a great year,
thank you for being a part of it.

Look out 2017...
we are just getting started!

Experience our Public Programs

Emotional Intelligence

Ottawa: Feb 7-8, 2017

Conversations of Leadership

Toronto: Feb 28, 2017

Emotional Intelligence

Toronto: Mar 28-29, 2017

Emotional Intelligence

Winnipeg: Apr 6-7, 2017

Emotional Intelligence

New York: May 9-10, 2017

Doing Your Best

New York: May 11, 2017

Certification Dates

Greetings!

On behalf of IHHP, I want to thank you for your continued interest in our work and I look forward to 2017!



JP Pawliw-Fry
President, IHHP

Conversations

Toronto: Feb 28-Mar 1, 2017

Emotional Intelligence

Toronto: Mar 28-31, 2017

Managing pressure through the holidays is possible, you just need to know how.

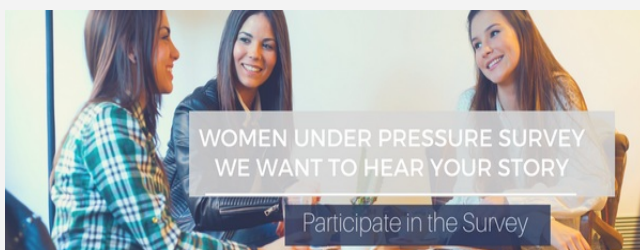
For 7 tested tips, [Read the article.](#)

ELT Corner.

Explore the **ELT portal** for product updates, marketing support materials, and so much more.



Women Under Pressure Survey



We want to hear from you. Leaders, mentors, mothers, students etc. This is your chance to be a part of our research to better understand the unique pressure women face at work and at home.

Participate in the Survey

Visit us at www.ihhp.com

Stay Connected:

