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Emotional Intelligence

[Ottawa: Nov 16-17](#)

[Chicago: Dec 5-6](#) SOLD OUT

[Winnipeg: Mar 13-14, 2018](#)

The Three Conversations of Leadership

[Winnipeg: Mar 15, 2018](#)

Coming soon!

The Three Conversations of Leadership: Toronto

2018 program dates coming soon



Does practicing gratitude really matter?

If you were to list tools used by the US Army, the Navy, NASA, Olympic athletes and NFL teams (or organizations like Goldman Sachs) in managing pressure, would practicing gratitude be on that list?

While it may appear too soft and squishy to associate a strategy that an elite athlete would use as they approach a gold medal match, or, a manager might pull out of their quiver when faced with the pressure of disruption or change, the practice of gratitude is game-changing for the skillful management of emotions.

[Read more here](#)

Select which programs you would like to get on the waitlist for.

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Certification in Emotional Intelligence - 2018

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Looking for Speakers
who can help your
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